



Is it permissible to eat mint sweets or use mint toothpaste in the state of Iḥrām? If a person in Iḥrām was to eat those mint sweets which penalty would he face?

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

هو الموفق

حامدا ومصليا ومسلما

الجواب ومنه الصواب

Mullā ‘Alī al-Qārī, amongst others, discusses the topic in his text Manāsik p314-318. He differentiates foods which incidentally have an odour and those items eaten for the sake of changing odour. Mint sweets and mint toothpaste are those entities which are not for nourishment but are actually used to change the odour of the mouth. Hence they will not be permissible to use by a person in Iḥrām. If the time duration is relatively short, then the penalty is ṣadaqa of half a ṣā’. The footnote from page 314 is detailed below:

قلت وهو مستفاد مما قدمناه عن 'المبسوط' وغيره وقولهم أن يلتصق فيه إشارة إلى أنه لو أكل قليلا من الزعفران مثلا وإن عم فمه بسبب الريق لا يلتصق به عين الطيب بل أثره فلا يكون موجبا للدم بل الصدقة وهو مفهوم ما قدمناه عن 'المبسوط' وغيره

والله اعلم وعلمه أتم

أجد محمود محمد عفا الله عنه

Amjad M Mohammed

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