



ISTIHADDA – NON-MENSTRUAL BLEEDING

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

According to the Hanafi Law the least number of days a woman can have a menstrual cycle is three days and the maximum is ten days. The least number of days she is considered to be in aritual state of purity is fifteen days.

When a girl becomes a woman and her cycles start then they are normally consistent throughout her life except due to stress, birth of a child or some other acute change in her body. These days of her menstrual cycle is considered her '*adat*. Whenever she sees a coloured discharge during her days of her '*adat* she will consider it to be her cycle, even if no blood is observed. During her cycle she should not touch any text which contains verses of the Qur'an or the name of Allah. She should not recite verses either except if they are also a dua in other words a supplication. She should abstain from any ritual acts of worship like sala and fasting. However she can do tasbihat, make dua etc. Once her '*adat* is complete she will bathe then remove any unwanted hair and trim her nails.

If she continues to see coloured discharge beyond ten days and it remains whilst one whole sala duration elapses then she will be considered to no longer be in *hayd* but now she is in *istihada* which is not menstrual blood but this is now bleeding from a vein or some other rupture to the body. She is now considered as *ma'zur* – legally excused from maintaining purity due to this medical condition.

In this scenario after she has performed *ghusl* due to the end of her *hayd* (which happened on start of day ten) she will remove any soiled garments, wear fresh garments and perform wudu. She can now pray sala, recite Qur'an and any other activity during this sala's duration. When this duration elapses she must now make fresh wudu and keep repeating the cycle for as long as this situation exists. If her wudu becomes void for some other reason then she will have to make fresh wudu, however her wudu will still be considered intact even whilst she is discharging. If this condition ceases for the duration of one sala she will no longer be considered as *ma'zur* and returns to a standard state.

This situation can be applied to a person who has a perpetual nose bleed, one who continuously drips urine or one who has irritable bowel syndrome which brings about regular release of wind

وَاللَّهُ أَعْلَمُ وَعِلْمُهُ أَحْكَمُ وَأَتَمُّ